# Road Book

### INTRODUCTION

We would like to extend a warm welcome to everyone involved with the Nicky Grist Stages. Please read the following notes carefully as there are some very important points contained in them.

We wish you an enjoyable day's motor sport in the classic mid Wales stages and look forward to seeing you all at the post event celebrations in Builth Wells.

### DRIVING

The organisers ask all competitors to drive carefully and with consideration to other road users. The organisers will not treat kindly any adverse reports received regarding driving manners, servicing etc., which includes all service vehicles and personnel. It is essential that the event causes no disruption or problems to local residents.

### **ACCOUNTABILITY**

Competitors are deemed to be responsible for the actions and behaviour of their support crews with regard to Judge of Fact and Driving Standards Observers reports relating to noise, driving manners, speed, route, out of bounds, illegal assistance and contravention of regulations and official instructions.

### ROAD SECTIONS

We have allowed plenty of time on the road sections and you should find it easy to maintain the time schedule. Please observe all speed limits and drive carefully, particularly on narrow public roads; we may need them next year. It is almost certain that Dyfed Powys police will be about during the day – Don't upset the goodwill we have locally!

Particular care must be taken whilst using the roads on the Ranges. The army have strict policies regarding speeds on the ranges and therefore you will notice that average speeds for range liaison sections are 20mph or below. Please remember these are not closed roads and the public also uses them. The Ranges are used for military training, which will continue irrespective of the rally and most military vehicles are much larger than you. Under no circumstances should you or any members of your team venture away from the prescribed route, or you may find yourself in the middle of an army exercise. Don't be collateral damage!

### RETIREMENTS

Competitors are reminded of the Motorsport UK requirement to obtain the Stage Commander's permission before leaving any special stage by an exit other than the defined route. On retirement please ensure that Rally HQ are informed as

soon as possible and your damage declaration is returned to the organisers within 48 hours or pass to a time control, course car or Rally HQ.

### **RECOVERY**

Recovery crews will pass through each stage and extract any cars from immediate difficulty and usually take them out of the stage, normally by the stage exit.

The Stage Commanders will know the current location of retirements and their recovery arrangements. They will decide how and when a service crew will enter a stage and only if this is necessary. Please do not block any access or exit routes whilst waiting for a stage to close.

## **Competitor Safety Information**

## First Competitor on Scene

If the competitor is still in the vehicle and the vehicle is on fire GET THEM OUT IMMEDIATELY.

If the competitor is still in the vehicle, is responsive and there is no risk of fire:

- Approach from the front, look them in the eyes
- Do they seem aware of their surroundings?
- · Speak to them, ask their name do they respond?
- Any pain, loss of feeling if yes keep them where they are!
- Keep them calm and keep them talking.
- DO NOT MOVE THEM UNTIL PROFESSIONAL HELP ARRIVES.
- Do nothing else

If the competitor is still in the vehicle, is unresponsive and there is no risk of fire:

- Stop any life threatening bleeding by applying direct pressure/ plugging the wound
- Ensure an open airway
- Immobilise the head and c-spine (neck)
- Check if they are breathing
- Treat any non-life threatening bleeding

DO NOT REMOVE THEIR HELMET UNLESS THERE IS NO OTHER WAY TO ENSURE AN OPEN AIRWAY.

If the competitor is out of the vehicle:

- Do not grab hold of them they might be unaware of what is happening and become combative.
- Guide them to a place of safety away from the incident and other competitors.
- Speak to them, ask if they are OK?
- Keep someone with them.

## 2024 Nicky Grist Stages

- Once in a safe place, assess them for injuries:
  - · Are they aware of their surroundings?
  - · Any signs of injury / are they experiencing pain?
  - DO NOT LET THEM WANDER AROUND, BUT KEEP THEM UNDER OBSERVATION

Afterwards please write a short report for the organisers and either hand it to the first control official that you reach or to the Competitor Relations Officer. This report should cover the facts as you know them and include times of the incident starting and when you left the scene; always include your own details so that the organisers can, if necessary, contact you.

### Safety & Accident Procedure

Competitors must carry an A4-size white board with a red SOS on one side and black OK on the other (letters to be a minimum of 12cm high with a minimum stroke width of 1.5cm), with means to secure them on display for oncoming Competitors. In the case of an accident where urgent medical attention is required, the following applies:

- The SOS display on the safety tracking device (if fitted) must be activated as soon as possible.
- The red "SOS" sign must be displayed as quickly as possible to alert following cars and aid any aircraft attempting to assist.
- The Emergency Red Warning Triangle must be placed at least 100m down the stage, appropriate to the approaching speed of following competitors to provide a visible advanced warning.

Any crew that sees a red SOS sign displayed on a car, or sees a major accident where both crew members are inside the car but not displaying the SOS sign, must immediately and without exception stop to give assistance. Where present the crew must operate the SOS function on the Tracking Console in their own vehicle and that of the crashed vehicle where accessible. All following cars must also stop and the second car arriving at the scene must inform the next radio point. Subsequent cars must leave a clear route for emergency vehicles. All crews stopping under this procedure will be allocated a time.

In the case of an incident where immediate medical intervention is not required, or of a car stopping for any other reason on or beside a special stage, whether temporarily or permanently, the following applies:

- The OK display on the safety tracking device (if fitted) must be activated within one minute.
- The green "OK" sign must immediately be displayed to the following cars and to any aircraft attempting to assist. If the crew leaves the vehicle, the "OK" sign must be displayed so that it is clearly visible to all the other competitors.
- The Emergency Red Warning Triangle must be placed at least 100m down the stage, appropriate to the approaching speed of following competitors to provide a visible advanced warning.

# Any crew failing to comply will be Disqualified following a Judicial Hearing pursuant to Section C and reported to the ASN.

Where a Tracking System is being used, a competitor encountering a hazard other than described in R25.4.2. must operate the Hazard function on the Tracking Console and await further instructions from officials.

Competitors who misuse the Hazard function will be Disqualified following a Judicial Hearing pursuant to Section C and reported to the ASN for further action.

A 'hazard' is defined as any situation or incident on a Special Stage which is considered to be creating a safety issue that affects the safe passage of Competitors through that Stage.

The location of safety radios are indicated in the Road Book and by boards on the stage. A yellow radio board will be 100m prior to the radio point and a blue radio board at the radio location. There will always be a radio at the stage start and stage finish.

## Red Flags

The red flag system will be used on all stages.

### Tyre Limits Declaration

So as to ensure no Competitors are excluded from competing by the application of a Tyre Limit, this system is designed to be an all encompassing and as simple as possible. However, the onus is on the Competitor to ensure that their Tyre Declaration form is completed at all times. The form is available at the back of this road book (Page 105) and must be an accurate representation of what is on your vehicle.

Below is some scenario-based logic to assist with completing this process:

- At the beginning of the event, record what tyres you have placed on the vehicle, including any spares.
- At the next Service, record any changes in the correct columns, paying close attention to the quantity of tyres you have used.
- Should you not change the tyres and proceed onto the next loop without changing your tyres, you do not have to fill anything in.
- If the Clerk of the Course, together with the Event Stewards, declare that the
  tyre allowance has been suspended in accordance with R48.5.11, you no
  longer have to fill in the form.

If, at any time, the Scrutineers request to see your Tyre Declaration form, please surrender your form to them in order to facilitate a spot check. At the conclusion of the Event, please hand in your Tyre Declaration form with your damage declaration.



Ministry of Defence
DIO OPS/TRG Wales & West
Sennybridge Training Area

### Welcome to Sennybridge Training Area.

We are pleased that the army allows the training area to be utilised for rallying; however, as I am sure you appreciate the primary function of the area is to provide a realistic training facility to our armed services. To assist in this task <a href="MAND FOR YOUR OWN PERSONAL SAFETY">AND FOR YOUR OWN PERSONAL SAFETY</a>, please read and observe the following guidelines:

- Do not leave the tarmac roads in the training area.
- 2. Only park in designated car parking areas for the event.
- Do <u>not</u> drive through any barriers left in the down position, whether locked or not, they are there for your own and others' safety.
- Do <u>not</u> interfere with or get involved in, any military training whatsoever.
- 5. Do **not** enter or interfere with any of the Training Area buildings, installations or equipment.
- 6. Do not pick up or touch any military equipment or debris. IT MAY EXPLODE AND KILL YOU!
- 7. Do **not** leave any litter, please take it home.
- Do <u>not</u> light fires. Even in the winter, the undergrowth on the Training Area can be dry enough to
  present a significant fire hazard.
- Observe the speed limits set for the roads on the Training Area, they present a challenge to
  experienced rally drivers and could well prove fatal to you if driven without due care.
- The Training Area also contains significant agricultural, forestry and nature conservation interests. Please follow the Countryside Code at all times.
- 11. In the event of any emergency, please contact an official of the rally or Range Staff or use one of the clearly marked Range Emergency Telephones (free of charge), which will provide you with a direct line to Sennybridge Camp Guardroom, who can summon help on your behalf.

We do not wish to labour the above points, but they are important and failure to observe them may jeopardise future rallying on the Sennybridge Ranges.

We hope you enjoy your days Motorsport on the training area.

### ISSUED BY: Major Andrew Butcher

### TRAINING OFFICER, SENNYBRIDGE

IN ASSOCIATION WITH THE MILLITARY, EPYNT & CAERWENT LIAISON OFFICER, WELSH ASSOCIATION OF MOTOR CLUBS, & THE ORGANISING MOTOR CLUB OF THIS EVENT.

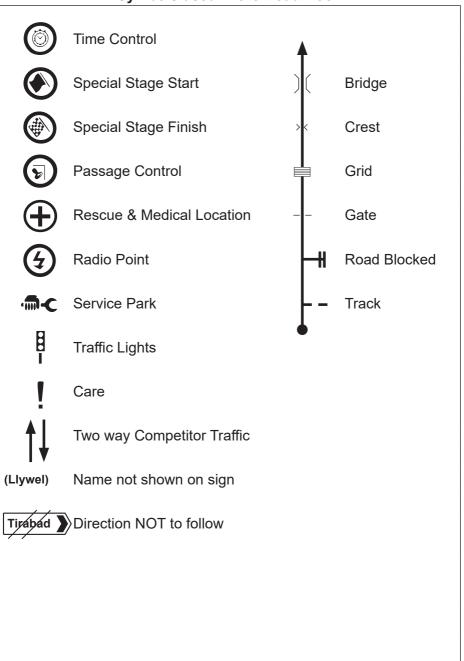
## **Nicky Grist Stages**

## Saturday 13th July 2024

1.2

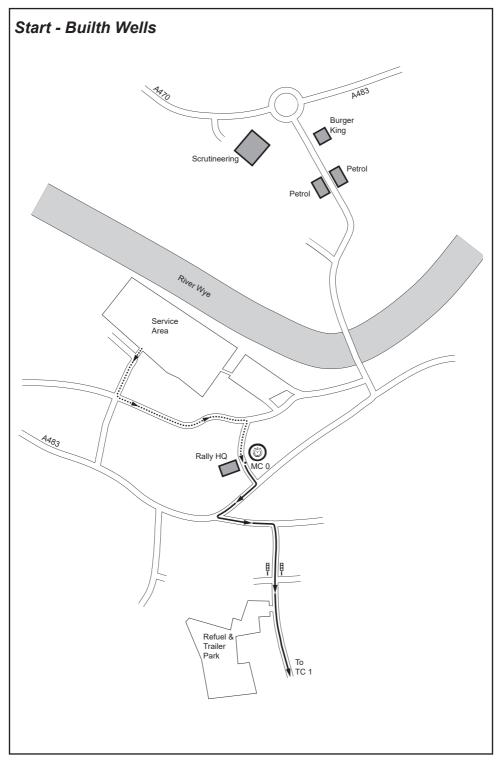
MC 0   Start - Builth Wells   -   -	TC	Location	SS Dist.	Liaison Dist.	Section	1st Car
1	SS		Miles	Miles	Time	Due
SS 1         Llyn Login 1         -         -         0           SF 1         3.50         -         0           PC 1         -         -         -         0           SS 2         Monument 1         -         -         0           SF 2         5.68         -         0         0           PC 1         -         -         -         -         0           3         -         4.73         0:16         1         1           SS 3         Halfway 1         -         -         -         1 <td>MC 0</td> <td>Start - Builth Wells</td> <td>-</td> <td>-</td> <td></td> <td>09:01</td>	MC 0	Start - Builth Wells	-	-		09:01
SF 1     3.50     -     0       PC 1     -     -     -       2     -     4.53     0:14     0       SS 2     Monument 1     -     -     0       SF 2     5.68     -     0       PC 1     -     -     -       3     -     4.73     0:16     1       SS 3     Halfway 1     -     -     -     -       SF 3     6.79     -     -     1       4     -     0.89     0:05     1       SF 4     Bowlsey 1     -     -     -     -       SF 4     Bowlsey 1     -     -     -     -     1       Y 5     Bowlsey 1     -     -     -     -     -     1       SF 4     Bowlsey 1     -     -     -     -     -     -     -     1       SF 4     Bowlsey 1     - <td>1</td> <td></td> <td>-</td> <td>5.65</td> <td>0:18</td> <td>09:19</td>	1		-	5.65	0:18	09:19
PC 1 2	SS 1	Llyn Login 1	-	-		09:22
2	SF 1		3.50	-		09:27
SS 2     Monument 1     -     -     0       SF 2     5.68     -     0       PC 1     -     -     -       3     -     4.73     0:16     1       SS 3     Halfway 1     -     -     -     1       SF 3     6.79     -     -     1       4     -     0.89     0:05     1       SS 4     Bowlsey 1     -     -     -     1       SF 4     6.27     -     -     1       PC 4     -     -     -     1       4A     Regroup - In     -     22.77     0:50     1       4B     Regroup - Out / Service - In     -     0.07     1       Service A - Builth Wells     (22.24)     (38.64)     0:50       MC 1     Service - Out     -     -     -     1       S 5     Llyn Login 2     -     -     -     1       SF 5     3.50     -     -     1       PC 5     -     -     -     1       S 6     Monument 2     -     -     -     -       S 7     Halfway 2     -     -     -     -       S 7     6.79     -	PC 1		-	-		
SF 2       5.68       -       0         PC 1       -       -       -         3       -       4.73       0:16       1         SS 3       Halfway 1       -       -       -       1         SF 3       6.79       -       -       1         4       -       0.89       0:05       1         SS 4       Bowlsey 1       -       -       -       1         SF 4       6.27       -       -       1         PC 4       -       -       -       -       1         4A       Regroup - In       -       -       -       -       1         4B       Regroup - Out / Service - In       -       0.07       1       1         Service A - Builth Wells       (22.24)       (38.64)       0:50       0:50         MC 1       Service - Out       -       -       -       1         SS 5       Llyn Login 2       -       -       -       1         SF 5       3.50       -       -       1         PC 5       -       -       -       -       1         SF 6       5.68       -	2		-	4.53	0:14	09:41
PC 1 3	SS 2	Monument 1	-	-		09:44
3	SF 2		5.68	-		09:53
SS 3       Halfway 1       -       -       -       1         SF 3       6.79       -       1         4       -       0.89       0:05       1         SS 4       Bowlsey 1       -       -       -       1         SF 4       6.27       -       -       1         PC 4       -       -       -       -       1         PC 4       -       -       -       -       -       1         4A       Regroup - In       - <td>PC 1</td> <td></td> <td>-</td> <td>-</td> <td></td> <td></td>	PC 1		-	-		
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4	SS 3	Halfway 1	-	-		10:12
SS 4     Bowlsey 1     -     -     -     1       SF 4     6.27     -     -     1       PC 4     -     -     -     -       4A     Regroup - In     -     -     0.07     1       4B     Regroup - Out / Service - In     -     0.07     1       Service A - Builth Wells     (22.24)     (38.64)     0:50       MC 1     Service - Out     -     -     1       5     -     -     -     1       SS 5     Llyn Login 2     -     -     -     1       SF 5     3.50     -     1       PC 5     -     -     -     1       F 6     -     -     -     -     1       SS 6     Monument 2     -     -     -     -     1       SF 6     5.68     -     -     -     -       PC 6     -     -     -     -     -       SF 7     -     -     -     -     -       SF 7     6.79     -     -     -       8     -     -     -     -     -     -       -     -     -     -     -     -     -   <	SF 3		6.79	-		10:22
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PC 4	SS 4	Bowlsey 1	-	-		10:30
4A         Regroup - In         -         22.77         0:50         1           4B         Regroup - Out / Service - In         -         0.07         1           Service A - Builth Wells         (22.24)         (38.64)         0:50           MC 1         Service - Out         -         -         1           5         -         5.88         0:18         1           SS 5         Llyn Login 2         -         -         1           PC 5         -         -         -         1           PC 5         -         -         -         -         1           SS 6         Monument 2         -         -         -         1           SF 6         5.68         -         -         1           PC 6         -         -         -         -           7         -         4.73         0:16         1           SS 7         Halfway 2         -         -         -         1           SF 7         6.79         -         -         -         -           8         -         -         -         -         -         -         -         -         -	SF 4		6.27	-		10:39
4B         Regroup - Out / Service - In         -         0.07         1           Service A - Builth Wells         (22.24)         (38.64)         0:50           MC 1         Service - Out         -         -         -         1           5         -         -         -         -         1           SS 5         Llyn Login 2         -         -         -         1           PC 5         -         -         -         -         1           PC 5         -	PC 4		-	-		
Service A - Builth Wells         (22.24)         (38.64)         0:50           MC 1         Service - Out         -         -         -         1           5         -         5.88         0:18         1           SS 5         Llyn Login 2         -         -         1           PC 5         -         -         -         1           PC 5         -         -         -         -         1           SS 6         Monument 2         -         -         1         1           SF 6         5.68         -         -         1           PC 6         -         -         -         -         1           SS 7         Halfway 2         -         -         -         1           SF 7         6.79         -         1         -         -         1           8         -	4A	Regroup - In	-	22.77	0:50	11:29
MC 1       Service - Out       -       -       -       1         5       -       5.88       0:18       1         SS 5       Llyn Login 2       -       -       1         PC 5       -       -       -       1         PC 5       -       -       -       -       1         SS 6       Monument 2       -       -       -       1         SF 6       5.68       -       -       1         PC 6       -       -       -       -         7       -       4.73       0:16       1         SS 7       Halfway 2       -       -       -       1         SF 7       6.79       -       -       1         8       -       0.89       0:05       1	4B	Regroup - Out / Service - In	-	0.07		11:45
5			(22.24)	(38.64)	0:50	
SS 5     Llyn Login 2     -     -     -     1       SF 5     3.50     -     1       PC 5     -     -     -     1       6     -     4.53     0:14     1       SS 6     Monument 2     -     -     1       SF 6     5.68     -     1       PC 6     -     -     -       7     -     4.73     0:16     1       SS 7     Halfway 2     -     -     4.73       SF 7     6.79     -     1       8     -     0.89     0:05     1		Service - Out	-			12:35
SF 5     3.50     -     1       PC 5     -     -     -       6     -     4.53     0:14     1       SS 6     Monument 2     -     -     1       SF 6     5.68     -     1       PC 6     -     -     -     -       7     -     4.73     0:16     1       SS 7     Halfway 2     -     -     1       SF 7     6.79     -     1       8     -     0.89     0:05     1			-	5.88	0:18	12:53
PC 5 6 4.53 0:14 1 SS 6 Monument 2		Llyn Login 2	-	-		12:56
6			3.50	-		13:01
SS 6     Monument 2     -     -     1       SF 6     5.68     -     1       PC 6     -     -     -       7     -     4.73     0:16     1       SS 7     Halfway 2     -     -     1       SF 7     6.79     -     1       8     -     0.89     0:05     1			-	-		
SF 6     5.68     -     1       PC 6     -     -       7     -     4.73     0:16     1       SS 7     Halfway 2     -     -     1       SF 7     6.79     -     1       8     -     0.89     0:05     1			-	4.53	0:14	13:15
PC 6 4.73 0:16 1 SS 7 Halfway 2 1 SF 7 6.79 - 1 8 - 0.89 0:05 1		Monument 2	-	-		13:18
7 - 4.73 0:16 1 SS 7 Halfway 2 1 SF 7 6.79 - 1 8 - 0.89 0:05 1			5.68	-		13:27
SS 7     Halfway 2     -     -     1.       SF 7     6.79     -     1       8     -     0.89     0:05     1	PC 6		-	-		
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8 - 0.89 0:05 1		Halfway 2	-	-		13:46
			6.79	-		13:56
00.0 Davidania			-	0.89	0:05	14:01
55 8 Bowlsey 2 1	SS 8	Bowlsey 2	-	-		14:04
SF 8 6.27 - 1	SF 8		6.27	-		14:13
PC 8	PC 8		-	-		
MC 2 Finish - Builth Wells - 22.53 0:50 1	MC 2	Finish - Builth Wells	-	22.53	0:50	15:03
Totals 44.48 77.20		Totals	44.48	77.20		

## Symbols used in the Road Book



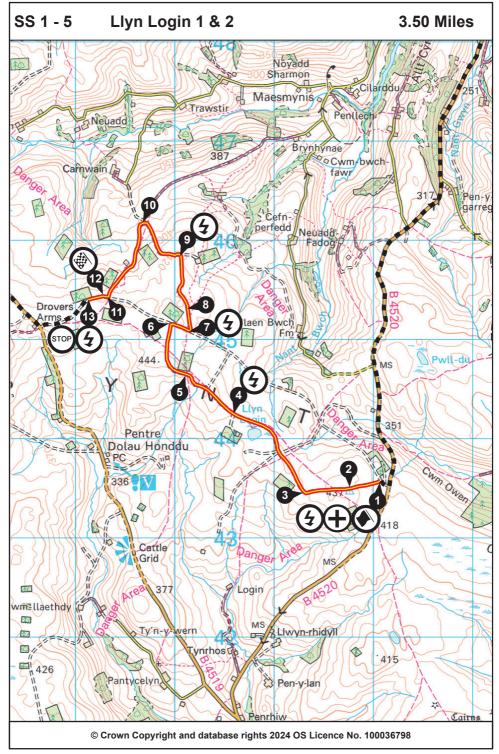
# Symbols used in the Road Book

Dist	ance	Direction	Information	Miles to
Total	Partial	Direction	IIIIOIIIIatioii	TC
6.26	0.26	6	———Special Stage	22.74
7.14	0.88	7	<b>←</b> Gravel	21.86
7.22	0.08	8	When the distance to the next instruction is 0.10 miles or less the horizontal line is omitted.	21.78
7.54	0.32	9	Road Section	21.46



MC 0	Start - Bu	uilth Wells	TC 1 Llyn Login 1	
Dista	nce	5.65 Miles Time	<b>0</b> Hr <b>18</b> Min <b>Speed 18.8</b>	3 Mph
Dist Total	ance Partial	Direction	Information	Miles to
0.00	0.00		MC 0  N52° 08.952' W03° 24.188' ///reports.eyelashes.impressed	5.65
0.04	0.04	2	STOP	5.61
0.21	0.17	3	Capel Uchaf Upper Chapel 8	5.44
0.25	0.04	4	Brecon 16 Aberhonddu Upper Chapel 7 Capel Uchaf	5.40
0.29	0.04	Refuel Area	Refuel Area on right after traffic lights	5.36
5.52	5.23	6		0.13
	! 0.07 🏵	2024 Nick	y Grist Stages	Page 10

MC 0	Start - B	uilth Wells		TC 1 Llyn Login 1			
Dista	Distance 5.65 Miles Time		<b>0</b> Hr <b>18</b> Min	Speed	<b>18.83</b> Mph		
Dista Total	Distance Direction		Info	rmation	Miles to		
5.59	0.07	7		Pas	s SS 1 Start	0.06	
5.65	0.06	8 © ·	•	TC [N52 <sup>c</sup> ]///ele	<b>1</b> ° 04.933' W03° 25.8 evator.interest.elimin	0.00	
	0.04		**		<b>1</b> ° 04.894' W03° 25.8 reks.quote.vintages	57'	
	D)	20	024 Nicky	/ Grist Stages		Page 1	

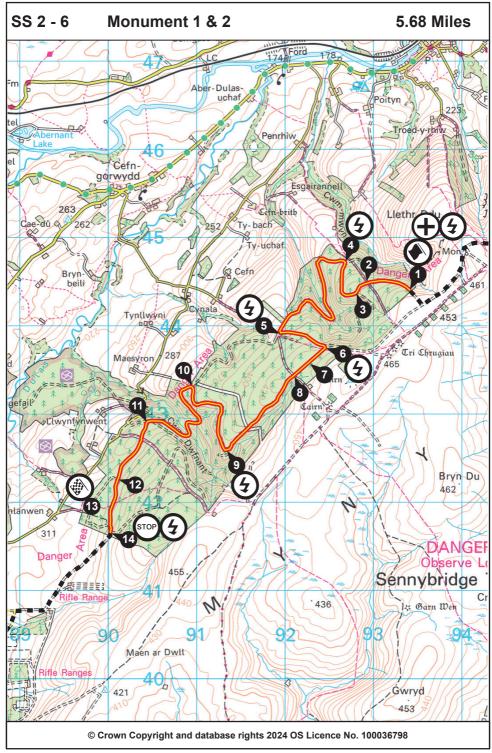


		ogin 1 & 2	O Min 40 Occ	A:
Dista	ance	3.50 Miles Bogey		Minutes Miles to
Total	Partial	Direction	Information	FF
0.00	0.00	1	SS 1 - 5 Llyn Login 1 & 2  N52° 04.894' W03° 25.857' ///weeks.quote.vintages	3.50
0.17	0.17	2	<u> </u>	3.33
0.48	0.31	3		3.02
1.17	0.69	4	<b>④</b>	2.33
1.58	0.41	5		1.92
1.96	0.38	6	Tightened Junction Onto Asphalt	1.54
	0.120	2024 Nick	ky Grist Stages	Page 13

		ogin 1 & 2					
Distar		<b>3.50</b> Miles	Bogey	2 Min 48	Sec Target	7 Minutes	$\overline{}$
Dista Total	ance Partial	Direction	on		Information	Miles FF	
2.08	0.12	7	)	4	Tightened Junction Onto Gravel	1.42	2
2.20	0.12	8	-			1.30	D
2.57	0.37	9	_	4	Tightened Junction	0.93	3
2.89	0.32	10				0.61	1
3.45	0.56	11	*		Tightened Junction Onto Asphalt	0.05	5
3.50	0.05	12			Flying Finish  N52° 05.873' W03° 28.325' ///toxic.loose.forgotten	J	
	0.13	·	2024 Nick	y Grist Stage	es	Page	14

		ogin 1 & 2		
Dista		3.50 Miles Bogey	2 Min 48 Sec Target 7 M	linutes
Dista Total	ance Partial	Direction	Information	Miles to FF
3.63	0.13	13	SF 1 - 5  N52° 05.822' W03° 28.487' ///hurtles.rejoined.pens	
	$\mathfrak{D}$	2024 Nick	y Grist Stages	Page 15

Distance 4.53 Miles Time 0 Hr 14 Min Speed 19.41 Mph	SF 1 - !	5 Llvn L	ogin 1 & 2	TC 2 - 6 Monument 1 & 2	
Total   Partial   Direction   Information   TC					<b>41</b> Mph
0.00 0.00 0.00 SF 1 - 5    N52° 05.267 W03° 33.365     N52			Direction	Information	Miles to
0.30 0.30 Slow and Care to 2.12 miles  No Overtaking  4.53 2.41  TC 2 - 6  N52° 05.209' W03° 33.213  ////measure.export.galloped  Onto Gravel  SS 2 - 6  N52° 05.267' W03° 33.365'				SF 1 - 5	10
4.53 2.41 TC 2 - 6  N52° 05.209' W03° 33.213' ///measure.export.galloped  Onto Gravel SS 2 - 6  N52° 05.267' W03° 33.365'	0.30	0.30	Arms	Slow and Care to 2.12 miles	
0.11  N52° 05.209' W03° 33.213' ///measure.export.galloped  Onto Gravel  SS 2 - 6  N52° 05.267' W03° 33.365'	2.12	1.82	3		
0.11 SS 2 - 6	4.53	2.41	4	N52° 05.209' W03° 33.213'	
		0.11	<b>★ ★ ★ ★ ★ ★ ★ ★ ★ ★</b>	SS 2 - 6	
2024 Nicky Grist Stages Page					Page 16



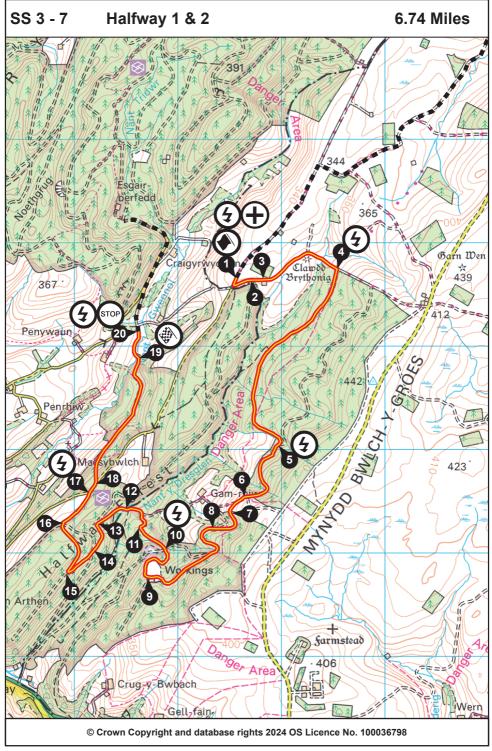
SS 2 - 6	6 Monu	ment 1 & 2				
Dista	nce	<b>5.68</b> Miles	Bogey	4 Min 33	Sec Target	12 Minutes
Dista	ance	Direct	ion		Information	Miles to
Total	Partial	200				FF
0.00	0.00	<b>●</b>		( <del>+)</del>	SS 2 - 6 Monument 1 & 2 N52° 05.267' W03° 33.365 ///correctly.skins.polygraph	
0.36	0.36	2	<i>;</i> ′			5.32
0.48	0.12	3	A			5.20
0.82	0.34	4	<i>—</i>	4		4.86
2.10	1.28	5		4		3.58
2.44	0.34	6	<b>→</b>	4		3.24
	0.12		2024 Nicky	y Grist Stage	es	Page 18

SS 2 - 6	6 Monu	ment 1 & 2			
Dista		<b>5.68</b> Miles	Bogey	4 Min 33 Sec Target 1	2 Minutes
Dista	ance Partial	Dire	ction	Information	Miles to
2.56	0.12	7	<b>†</b>	Jump	3.12
2.71	0.15	8			2.97
3.43	0.72	9		<u>∧</u> ⑤	2.25
4.13	0.70	10			1.55
4.96	0.83	11	7		0.72
5.43	0.47	12			0.25
	0.25		2024 Nick	y Grist Stages	Page 19

		ment 1 & 2		
Dista		5.68 Miles Bogey		Minutes
Dista Total	ance Partial	Direction	Information	Miles to FF
5.68	0.25	13	Flying Finish  N52° 03.869' W03° 36.336' ///pickup.plan.crystals	0.00
5.85	0.17	14	SF 2 - 6  N52° 03.720' W03° 36.333' ///tributes.blackmail.tickling	
	D	2024 Nick	y Grist Stages	Page 20

SF 2 - 6	6 Monu	ment 1 & 2	TC 3 - 7 Halfway 1 & 2	
Dista	nce	4.73 Miles Time	<b>0</b> Hr <b>16</b> Min <b>Speed 17.</b>	<b>74</b> Mph
Dista		Direction	Information	Miles to
Total	Partial 0.00	1	SF 2 - 6  N52° 03.720' W03° 36.333'  ///tributes.blackmail.tickling	4.73
0.90	0.90	(F)	PC 2 - 6  N52° 03.240' W03° 37.233' ///envoy.easy.water	3.83
1.80	0.90	3	Llywol 634	2.93
2.20	0.40	4		2.53
3.16	0.96	5		1.57
3.71	0.55	6		1.02
	0.21	2024 Nick	y Grist Stages	Page 21

SF 2 - 6	6 Monu	ment 1 & 2		TC 3 - 7 Half	way 1 & 2	
Dista	nce	<b>4.73</b> Miles	Time	<b>0</b> Hr <b>16</b> Min	Speed	<b>17.74</b> Mph
Dista	ance	Dire	ction	Info	rmation	Miles to
3.92	Partial 0.21	7				0.81
4.73	0.81	8		TC 3	<b>3 - 7</b> 01.041' W03° 40.1 ch.community.slap	0.00
	0.08	1	<b>(</b>	SS 3	<b>3 - 7</b> 00.974' W03° 40.1 dings.sped.coaster	64'
	- D		2024 Nick	xy Grist Stages		Page 2



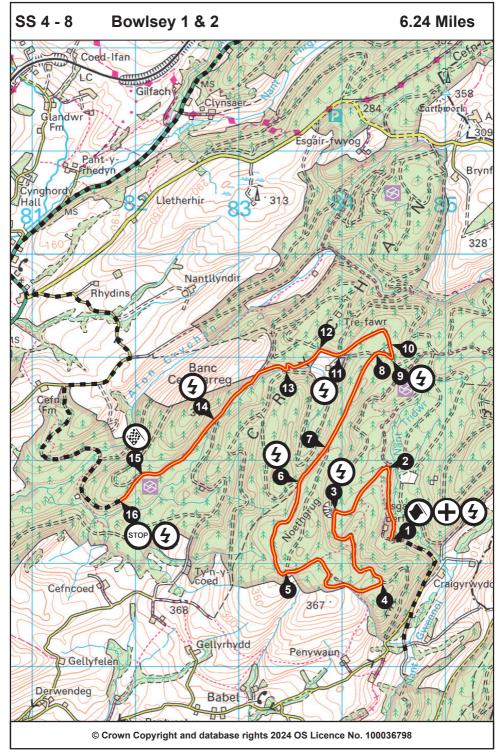
SS 3 - 7	7 Halfw	ay 1 & 2				
Dista	тсе	<b>6.79</b> Miles	Bogey	5 Min 26	Sec Target 14	Minutes
Dista Total	ance Partial	Dir	ection		Information	Miles to
0.00	0.00	1		(4)	SS 3 - 7 Halfway 1 & 2 N52° 00.974' W03° 40.164' ///readings.sped.coaster	6.79
0.14	0.14	2	<i>f</i>			6.65
0.22	0.08	3			Onto Gravel	6.57
0.77	0.55	4	<b></b>	4		6.02
2.21	1.44	5	<i></i>	4		4.58
2.64	0.43	6			Grid	4.15
	0.20₹		2024 Nick	y Grist Stage	es	Page 24

SS 3 - 7	<b>7</b> Halfw	ay 1 & 2					
Distar		<b>6.79</b> Miles	Bogey	5 Min 26	Sec Target	14	/linutes
Dista Total	ance Partial	Direc	ction		Information		Miles to
2.84	0.20	7			Bend tightens into	Grid	3.95
3.08	0.24	8					3.71
3.79	0.71	9					3.00
4.16	0.37	10	<b>)</b>	4			2.63
4.37	0.21	11	Ì	$\triangle$			2.42
4.60	0.23	12	<b>İ</b> .				2.19
	0.200	<b>)</b>	2024 Nick	y Grist Stage	es		Page 25

SS 3 - 7	<b>7</b> Halfw	ay 1 & 2				
Dista	nce	<b>6.79</b> Miles	Bogey	<b>5</b> Min <b>26</b> Sec	Target 1	4 Minutes
Dista Total	ance Partial	Direct	ion	Info	rmation	Miles to
4.80	0.20	13				1.99
4.97	0.17	14	<b>*</b>			1.82
5.22	0.25	15	1			1.57
5.61	0.39	16	-	Tigh	tened Junction	1.18
5.84	0.23	17		Onto	o Asphalt	0.95
5.93	0.09	18		Onto	o Gravel	0.86
	0.86₹	<b>,</b>	2024 Nicky	y Grist Stages		Page 26

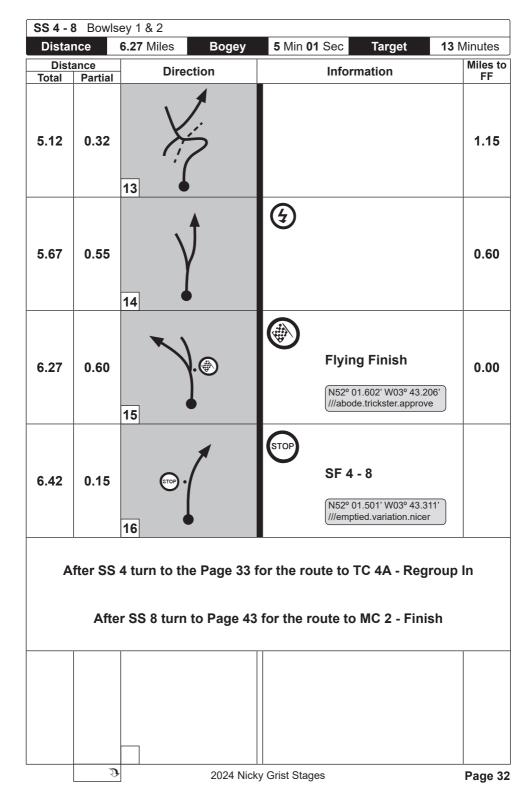
		ay 1 & 2		
Dista		6.79 Miles Bogey	5 Min 26 Sec Target 14 M	Minutes
Dista Total	ance Partial	Direction	Information	Miles to FF
6.79	0.86	19	Flying Finish  N52° 00.547' W03° 40.958' ///pickle.piglet.swooning	0.00
6.96	0.17	20	SF 3 - 7  N52° 00.690' W03° 40.956' ///liked.winded.potential	
•	û	2024 Nick	xy Grist Stages	Page 27

SF 3 - 7	7 Halfw	ay 1 & 2		TC 4 - 8	Bowlsey 1 & 2	
Dista	nce	<b>0.89</b> Miles	Time	0 Hr 05	Min Speed	<b>10.68</b> Mph
	ance	Dire	ction		Information	Miles to
Total	Partial 0.00	1		STOP	SF 3 - 7  N52° 00.690' W03° 40.93' ///liked.winded.potential	0.89
0.23	0.23	2			Onto Asphalt	0.66
0.66	0.43	3			Onto Gravel	0.23
0.89	0.23	4			TC 4 - 8  N52° 01.285' W03° 41.00  ///kennels.animator.putty	
	0.06	1		<b>③</b>	<b>SS 4 - 8</b> N52° 01.293' W03° 41.1' ///instance.trifling.masts	111'
	T)		2024 Nick	y Grist Stage	9	Page 2



SS 4 - 8	Bowls	sey 1 & 2		
Distar	nce	6.27 Miles Bogey	5 Min 01 Sec Target 13	Minutes
Dista Total	ance Partial	Direction	Information	Miles to
0.00	0.00	1	SS 4 - 8 Bowlsey 1 & 2  N52° 01.293' W03° 41.111' ///instance.trifling.masts	6.27
0.46	0.46	2		5.81
0.95	0.49	3	<b>3</b>	5.32
1.61	0.66	4		4.66
2.40	0.79	5		3.87
3.07	0.67	6	<b>(3)</b>	3.20
	0.31	2024 N	licky Grist Stages	Page 30

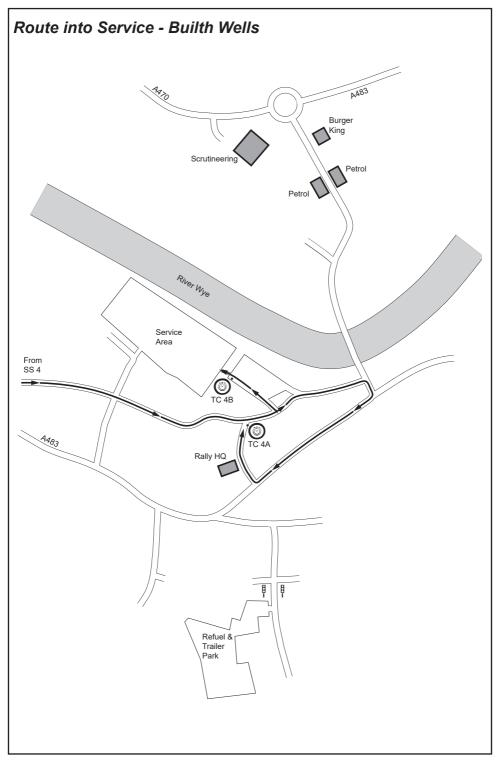
SS 4 - 8	Bowls	sey 1 & 2				
Dista	nce	<b>6.27</b> Miles	Bogey	<b>5</b> Min <b>01</b> Sec	Target	13 Minutes
Dista	ance	Direc	tion	Inform	nation	Miles to
3.38	Partial 0.31	7				2.89
3.98	0.60	8	~			2.29
4.14	0.16	9		3		2.13
4.25	0.11	10				2.02
4.68	0.43	11		<b>(3)</b>		1.59
4.80	0.12	12	-			1.47
	0.32	<b>L</b>	2024 Nick	y Grist Stages		Page 31

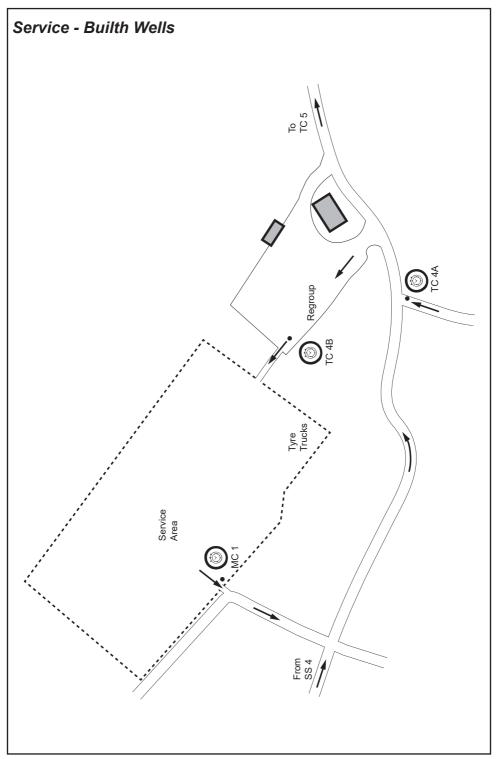


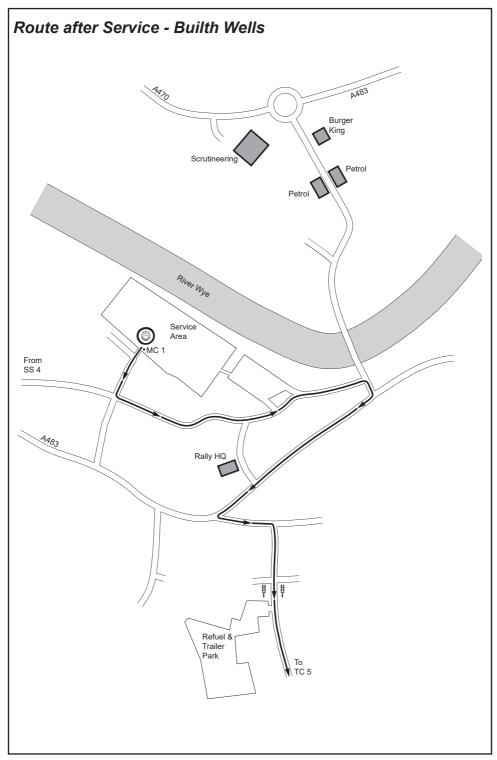
SF 4	Bowlsey	1	TC 4A Regroup - In	
Dista	nce	22.77 Miles Time	<b>0</b> Hr <b>50</b> Min <b>Speed 27.3</b>	<b>2</b> Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
0.00	0.00	1	SF 4  N52° 01.501' W03° 43.311' ///emptied.variation.nicer	22.77
0.60	0.60	2		22.17
1.52	0.92	3	PC 4 Join Public Road	21.25
1.98	0.46	4		20.79
2.82	0.84	5	Join A483 ! Care when pulling out	19.95
9.14	6.32	<u>د</u>	Croeso i LANWRTYD Welcome to LLANWRTYD WELLS	13.63
	0.22₹	2024 Nicky	/ Grist Stages	Page 33

SF 4	Bowlsey	1	TC 4A Regroup - In	
Dista		22.77 Miles Time		<b>27.32</b> Mph
	ance	Direction	Information	Miles to
9.36	Partial 0.22	7	20	13.41
13.65	4.29	8	BEULAH Gyrrwch yn ofalus Please drive carefully	9.12
16.28	2.63	9	GARTH Gyrrwch yn ofalus Please drive carefully	6.49
19.87	3.59	10	CILMERI CILMERY Safle marw Llywelyn II Site of Llywelyn II's death	2.90
21.81	1.95	γ <b>11</b>	(Builth Wells)	0.96
22.00	0.19	12	20	0.77
	0.183	2024 N	licky Grist Stages	Page 34

Distance Total Partial  22.18 0.18  Direction Information  Llandrindod Llandrindod Wells Aberhonddu Brecon A 470  Service exit on Left	0.59
Total Partial  22.18 0.18  Direction  Llandrindod Llandrindod Wells Aberhonddu Brecon A 470  Service exit on Left	0.59
22.18 0.18  Llandrindod Llandrindod Wells Aberhonddu Brecon A 470  Service exit on Left	0.59
22.37 0.19	0.40
14	
Regroup on Right Service entrance on Left	0.28
22.59 0.10 Canol y dref Town centre	0.18
22.72 0.13 Into Strand Street	0.05
22.77 0.05  TC 4A Regroup - In  N52° 08.964' W03° 24.189' //////unlocking.shin.newsreel  2024 Nicky Grist Stages	0.00 Page 35

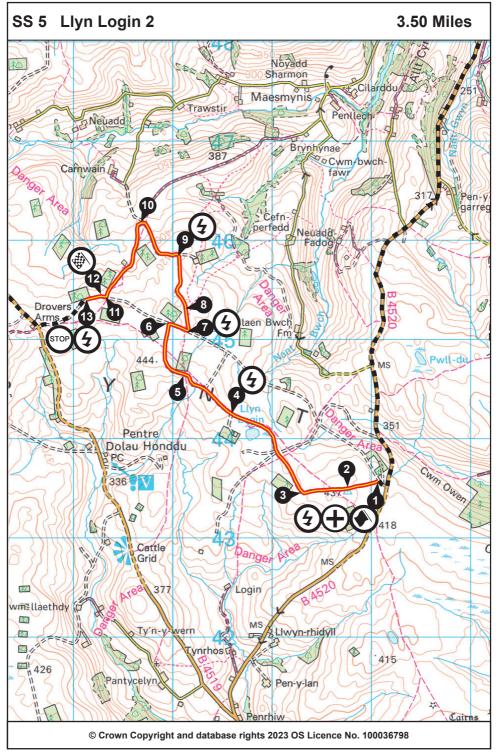


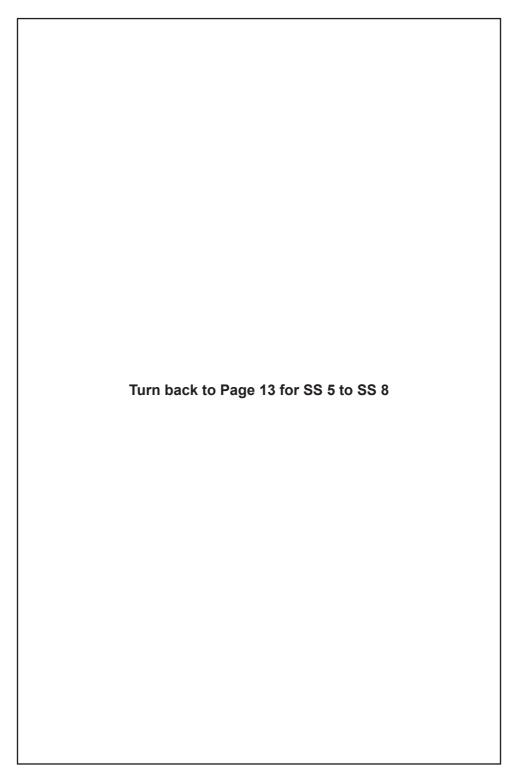




MC 1	Builth We	ells Service - Out	TC 5 Llyn Login 2	
Dista	nce	5.88 Miles Time		<b>60</b> Mph
	ance	Direction	Information	Miles to
0.00	Partial	(a) -	MC 1 Service - Out DO NOT TURN RIGHT  (N52° 09.021' W03° 24.321'	5.88
0.04	0.04	2	Rally Traffic from Right	5.84
0.16	0.12	3	Rally Traffic crossing from Regroup to Service	5.72
0.26	0.10	4	Canol y dref Town centre	5.62
0.40	0.14	5	Rally Traffic turning Right to Regroup	5.48
0.44	0.04	6	Capel Uchaf Upper Chapel 8	5.44
	! 0.043	2024 Nick	y Grist Stages	Page 39

MC 1	Builth W	ells Service - Out	TC 5 Llyn Login 2	
Dista	nce	5.88 Miles Time	<b>0</b> Hr <b>18</b> Min <b>Speed 19.6</b>	<b>0</b> Mph
	ance	Direction	Information	Miles to
0.48	Partial 0.04	7	Brecon 16 Aberhonddu Upper Chapel 7 Capel Uchaf	5.40
0.52	0.04	Refuel Area	Refuel Area on right after traffic lights	5.36
5.75	5.23	9		0.13
5.82	0.07	10	Pass SS 5 Start	0.06
5.88	0.06	◎ :	TC 5    N52° 04.933' W03° 25.869'	0.00
	0.04	1	SS 5  N52° 04.894' W03° 25.857'  ///weeks.quote.vintages  y Grist Stages	Page 40

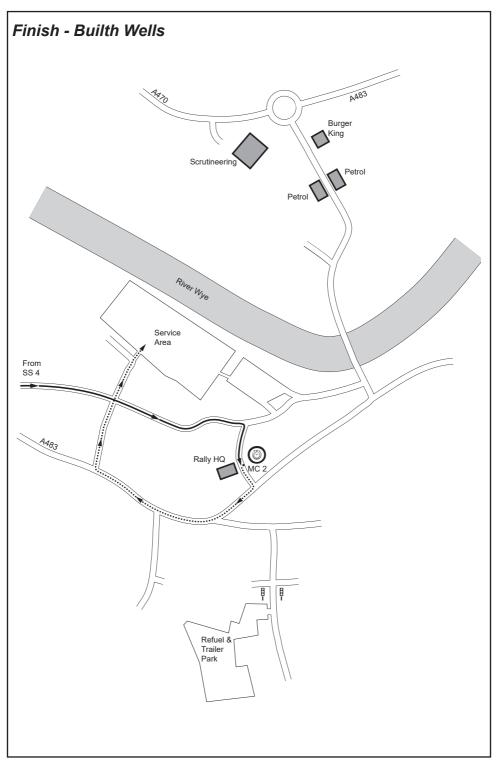




SF 8 Bowlsey 2		2	MC 2 Finish - Builth Wells	
Distance 22.53 Miles Time		22.53 Miles Time	0 Hr 50 Min Speed 27.0	4 Mph
Dista Total	ance Partial	Direction	Information	Miles to
0.00	0.00	1	SF 8  N52° 01.501' W03° 43.311' ///emptied.variation.nicer	22.53
0.60	0.60	2		21.93
1.52	0.92	3	PC 8  Join Public Road	21.01
1.98	0.46	4		20.55
2.82	0.84	5	Join A483 ! Care when pulling out	19.71
9.14	6.32	€ 6	Croeso i LANWRTYD Welcome to LLANWRTYD WELLS	13.39
	0.22		/ Grist Stages	Page 43

SE 8 F	Bowlsey 2	2	MC 2 Finish - Builth Wells	
	Distance 22.53 Miles Time			27.04 Mph
Dista		Direction	Information	Miles to
Total	Partial	Direction	Information	TC
9.36	0.22	7	20	13.17
13.65	4.29	8	BEULAH Gyrrwch yn ofalus Please drive carefully	8.88
16.28	2.63	9	GARTH Gyrrwch yn ofalus Please drive carefully	6.25
19.87	3.59	10	CILMERI CILMERY Safle marw Llywelyn II Site of Llywelyn II's death	2.66
21.82	1.95	7	(Builth Wells)	0.71
22.01	0.19	7	20	0.52
	0.183	2024 Nick	ky Grist Stages	Page 44

SF 8	Bowlsey	2	MC 2 Finish - Builth Wells	
Dista	nce	22.53 Miles Time	0 Hr 50 Min Speed 27.0	<b>)4</b> Mph
	ance	Direction	Information	Miles to
22.19	Partial 0.18	13	Llandrindod Llandrindod A 483 Wells Aberhonddu Brecon A 470	0.34
22.38	0.19	14		0.15
22.50	0.12	15		0.03
22.53	0.03	16	MC 2 - Finish  N52° 08.952' W03° 24.188' ///reports.eyelashes.impressed	0.00
	3		ky Grist Stages	Page 45



## **2024 NICKY GRIST STAGES**

## **ENQUIRY SHEET**

**Note:** This form may be handed to the Competitor Liaison Officer at Rally Headquarters.

Car No:	
This Enquiry relates to:	
Special Stage No: OR Lia	aison to Time Control No :
Nature of Enquiry:	
Name of Person lodging Enquiry:	
Signature:	
Date:	Time:
	ACTION
Name of Official:	
Title:	Signature:
Date:	Time:

2024 Nicky Grist Stages

**Event Name:** 

Car No.:

Competitors must complete the below form with complete accuracy, paying close attention to the quantity of tyres used. Please submit this form to the Event Organisers at the conclusion of the event with your Damage Declaration. Please surrender this form to the Event Scrutineers on request in order to facilitate a spot check Any Competitor found to be in breach of the tyre quantities will be penalised in accordance with C2.1 of the 2024 General Regulations.

motorsport uk

Tyres used	Ouantity (incl. Spares)	Barcode (BRC use only)

Please submit this form with your Damage Declaration.

## **2024 NICKY GRIST STAGES**

## **DAMAGE DECLARATION**

I confirm that I HAVE / HAVE NOT been involved in any incident that may have caused damage to persons or property		
Complete details of any incide	ent below;	
Name of Driver:	Car No:	
Date:	Time :	
Location:		
Details of any other Party involve	ed:	
Name:		
Address:		
Description of Incident:		
Nature of any Injuries:		
Nature of any Property Damage:		
Reason for retirement:		